

A workshop with horses, for women 18 and up

become your own best friend!

An innovative workshop where you will authentically connect with a beautiful and honest animal. Join Devon Combs, Brenda Reynolds, and Jean-Jacques Joris and commence on a journey to self-discovery and freedom from self-sabotage in a non-judgmental and inspiring environment. Learn to befriend yourself in this playful and experiential process. Let yourself be guided by your equine partners towards acceptance, connection, and joy of living.

No equestrian experience needed!



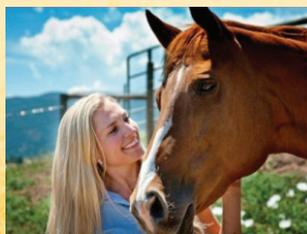
PLACE: Twin Oaks Farm, 5629 Prospect Rd, Longmont, CO 80503

TIME: Saturday, June 2, 9:15 am to 5 pm

COST: \$125 early registration; \$145 after May 23. Bring a friend and receive 50% off your reservation!

CONTACT: Register at <http://www.beyondthearena.com/events.html>, or by calling Devon at 303-547-0848 or writing to devon@beyondthearena.com. Space is limited!

BRING: Layered clothing, covered shoes, sunscreen, hat, journal, water bottle and a sack lunch. Water and snacks will be provided.



DEVON COMBS is a certified Equine Gestalt Coaching Method Practitioner, a respected lifelong horsewoman and an Empowerment and Recovery Coach for women with body image issues and eating disorders. Her passion for helping others uncover their personal power and capacity for change through connection with horses has helped many people banish their limiting beliefs and soar into their future. www.beyondthearena.com.



JEAN-JACQUES JORIS, MA, JD, is a psychotherapist in private practice and a meditation instructor. A Naropa University graduate and former diplomat, Jean-Jacques has been working with trauma survivors in the Denver area, as well as in several conflict zones around the world. His passion includes cross-species communication, life transitions, as well as the exploration and integration of existential questions into one's life.



BRENDA REYNOLDS, MA, is an avid horsewoman who focuses in natural horsemanship education. She considers the horse as a special being that consents to connection with us to assist in our spiritual awakening. Brenda believes without a doubt that her life would have expired long ago if it were not for the presence and companionship of horses. Brenda lives in Boulder, CO and leads equine-assisted programs for women in different stages of eating disorder recovery.