

Be in your body and enjoy it!

Embodied Presence

Let horses bring you back to the here-and-now

In a Friday evening and Saturday all day experience come to Twin Oaks Farm and re-engage with the wisdom of your own body. With the support of the horses (beings fully in the moment and without judgement or opinion), re-connect with your creative energy and your intuitive knowledge. We will explore and strengthen our own individual expressions of who we are.

PLACE: Twin Oaks Farm, 5629 Prospect Rd, Longmont, CO 80503
TIME: Friday, August 19, 2011, 6 to 9 pm, and Saturday 20, 9:45 am to 5 pm
COST: \$50 early registration; \$60 after August 10.
Space limited.

CONTACT: info@twinoaksfarm.com or 303-772-7445.

BRING: Layered clothing, covered shoes, sunscreen, hats, journals, water bottles, lunch bags.



JACKIE ASHLEY, MA, LPC, BC-DMT is a Somatic Psychotherapist and is a board certified Dance/movement Therapist having graduated from Naropa University in 1990. She is trained in Somatic Experiencing, which is a body-awareness approach to trauma. Jackie is also an Equine Assisted Psychotherapist using horses in her practice. She teaches and supervises students at the graduate level at Naropa and has been working with the Windhorse approach since 1991.



JEAN-JACQUES JORIS, MA, JD is a practitioner of equine-facilitated psychotherapy and a meditation instructor. A Naropa University graduate and former diplomat, Jean-Jacques has been working with trauma survivors in the Denver area, as well as in several conflict zones around the world. His passion includes inter-species communication and affect regulation, as well as the exploration and integration of existential questions into one's life.

